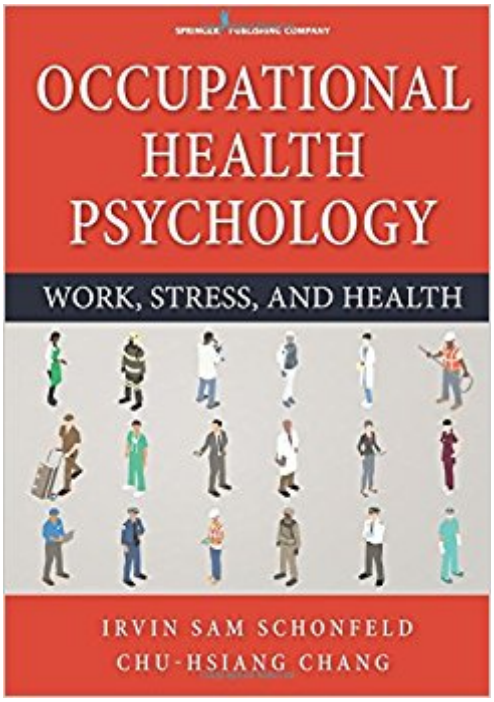
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Occupational Health Psychology (Volume 1)



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Synopsis

This comprehensive text for advanced undergraduate and graduate occupational health psychology (OHP) survey courses draws from the domains of psychology, public health, preventive medicine, nursing, industrial engineering, law, and epidemiology to focus on the theory and practice of protecting and promoting the health, well-being, and safety of individuals in the workplace and improving the quality of work life. The book will also appeal to anyone who is concerned with the corrosive effects of job stress.The text addresses key psychosocial work issues that are often related to mental and physical health problems, including psychological distress, burnout, depression, accidental injury, obesity, and cardiovascular disease. It examines leadership styles as they impact organizational culture and provides specific recommendations for reducing employee-related stress through improved leader practices. Also addressed is the relationship between adverse psychosocial working conditions and harmful health behaviors, along with interventions aimed at improving the work environment and maximizing effectiveness. Additionally, the book discusses how scientists and practitioners in OHP conduct research and other important concerns such as workplace violence, work & life balance, and safety. The book reinforces learning with key concepts and findings, highlight tables containing intriguing examples of research and current controversies, and chapter summaries.KEY FEATURES:Comprises the first comprehensive text on OHP for undergraduate and graduate survey coursesCovers key issues in health psychology in the workplace such as stress, violence, work & life balance, and safetyOrganized and written for easy access by students and facultyProvides specific recommendations for reducing employee stressIncludes key concepts and findings, highlight tables, and end-of-chapter summariesAn Instructors Manual available to qualified adopters to help instructors develop exam and classroom discussion questions or homework assignments for each chapter

Book Information

Paperback: 376 pages
Publisher: Springer Publishing Company; 1 edition (January 26, 2017)
Language: English
ISBN-10: 0826199674
ISBN-13: 978-0826199676
Product Dimensions: 7 x 0.8 x 10 inches
Shipping Weight: 1.5 pounds (View shipping rates and policies)
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Best Sellers Rank: #130,074 in Books (See Top 100 in Books) #14 inÃ Â Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #21 inÃ Â Books > Medical Books > Medicine > Internal Medicine > Occupational #25 inÃ Â Books > Health, Fitness & Dieting > Exercise & Fitness > Injury Prevention

Customer Reviews

Irvin Sam Schonfeld, PhD, MPH, is a professor of psychology at the City College of the City University of New York (CUNY), and is a professor of educational psychology and psychology at the Graduate Center of CUNY. He earned a BS at Brooklyn College, an MA at the New School for Social Research, a PhD at the CUNY Graduate Center, and a postdoctoral degree at Columbia University. He is on the editorial board of, and is a reviewer for, a number of journals. He has published in Journal of Occupational Health Psychology, Journal of Clinical Psychology, Archives of General Psychiatry, Developmental Psychology, British Journal of Developmental Psychology, Journal of Abnormal Child Psychology, Clinical Psychology Review, Psychological Medicine, International Journal of Stress Management, Organizational Research Methods, Scandinavian Journal of Work, Environment & Health, Social Psychiatry and Psychiatric Epidemiology, Personality and Individual Differences, Pediatrics, Journal of Research in Science Teaching, and elsewhere. He is also the founding editor of the Newsletter of the Society for Occupational Health Psychology. Among other subjects, Professor Schonfeld teaches courses on occupational health psychology, experimental psychology, and the epidemiology of mental disorders. When he is not working, he enjoys hiking and backpacking, and won an award from the Appalachian Mountain Club (AMC) for ascending the 48 highest peaks in New Hampshire. As an amateur photographer, he has had two of his photographs selected by the AMC for awards.Chu-Hsiang (Daisy) Chang, PhD, is an associate professor at the Department of Psychology of Michigan State University. She received her PhD in industrial and organizational psychology from the University of Akron. Her research interests focus on occupational health and safety, leadership, and motivation. Specifically, she studies issues related to occupational stress, workplace violence, and the intersection of employee motivation and organizational leadership particularly with reference to employee health and well-being. Her work has been published in Academy of Management Review, Academy of Management Journal, Journal of Applied Psychology, Journal of Organizational Behavior, Organizational Behavior and Human Decision Processes, Psychological Bulletin, and Work & Stress. She has served as an associate editor at Applied Psychology: An International Review and Journal of Organizational Behavior, and is currently serving as an associate editor at Journal of Applied Psychology.

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